



Treasure Health  
GRIEF SUPPORT



### Why Camp Good Grief?

Children benefit from participating in grief support alongside their peers.

They accomplish the following:

- expressing feelings
- learning and utilizing coping tools
- connecting with others who have experienced similar losses
- experiencing the importance of fun
- remembering loved ones



### What is Camp Good Grief?

Camp Good Grief is an overnight, weekend camp for grieving children ages 8 to 18.

Camp activities include:

- recreational activities (swimming, paddle boats, games, go karts, rock climbing)
- arts and crafts
- music
- campfires
- sharing circles

### When & where?

**March 1-3, 2019**

Life for Youth Camp  
1416 82nd Avenue  
Vero Beach, FL 32966

### How do I apply?

Applications can be obtained at [TreasureHealth.org/events/camp](http://TreasureHealth.org/events/camp) or by emailing [griefinfo@treasurehealth.org](mailto:griefinfo@treasurehealth.org).

Contact us at **772.403.4530** for more information about camp or other programs.

**Cost is \$25 per child and includes housing, meals and activity supplies.**

**Please note:** Children are able to participate in camp one time only. Submission of application and payment does not guarantee participation in camp. Refunds will only be issued if space is unavailable. Spaces are limited and are filled on a first come first serve basis.

### Staff

Treasure Health Grief Support counselors and staff plan and facilitate all activities at camp.

### Volunteers

Volunteers are an essential part of the success of Camp Good Grief. All volunteers are interviewed, background checked and participate in grief training to best support the needs of our campers.

### Become a camp volunteer

Contact us at **772.403.4530** or [griefinfo@treasurehealth.org](mailto:griefinfo@treasurehealth.org) to obtain a volunteer application, schedule an interview and obtain training dates.

### Help mend hearts

Camp Good Grief and other Good Grief programs are made possible by grants and donations. If you would like to make a gift to help support our mission, call Treasure Health at **772.403.4530**.

## Learn more about Camp Good Grief

772.403.4530  
[griefinfo@treasurehealth.org](mailto:griefinfo@treasurehealth.org)  
[TreasureHealth.org/events/camp](http://TreasureHealth.org/events/camp)

## Good Grief Programs

Each person's journey through grief is unique and deserves individualized support. Every grieving person on the Treasure Coast will have access to compassionate support when faced with the death of a loved one. Good Grief programs are committed to helping children and the adults in their family.

- Individual and Family counseling
- Support Groups
- Agency/School Support
- Camp Good Grief
- Special Events
- Crisis Support
- Education



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