

Lakeside Stroll was a walk for hope and healing

MaryAnn Ketcham
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Treasure Coast Hospice once again hosted its Lakeside Stroll in Tradition, which is designed to promote hope and healing for those who experienced the loss of a loved one.

The recent walk drew over 250 participants who strolled the peaceful, picturesque 1.2-mile pathway that circles the lake as a step forward in their grief journey.

"We grieve because we love," said Jacki Nardone, director of Grief Support and Pediatric Services. "Today, we walk because of that love."

The program provided several other therapeutic opportunities to express that love. Poignant, hand-written notes and photos lined a memory wall. Many of those remembrances were placed by children experiencing grief. In addition people could leave a sentiment on a strip of fabric that will be woven into a tapestry which hangs at the Treasure Coast Hospice in Stuart.

The gathering drew a bevy of volunteers who provided information about the many ways to get involved with Treasure Coast Hospice. From calling upon patients to providing respite for caregivers or joining the veterans visiting veterans team to volunteering in the thrift boutique, there are many ways in



Janet Farnan-Dyer and Leslie Haviland.



CEO Jackie Kendrick and Greg Kendrick.

which to help.

Proceeds from the Lakeside Stroll benefit Treasure Coast Hospice Grief Support, which offers both individual and group counseling for adults, children and fam-

ilies in Martin and St. Lucie counties. It includes Understanding Grief for the newly bereaved and New Beginnings, which examines ideas for living after loss.

Walk participant Janet



Aycock at Tradition Dignity Memorial: Steve Elias, George Seliga, Corey Compton, Laura Barbone and Jamie Stott.

PHOTOS CONTRIBUTED PHOTO BY MARYANN KETCHAM

Farnen-Dyer said of Treasure Coast Hospice, "They were angels from heaven in our time of

need. We lost two parents within two months of each other. They helped make this a peaceful

transition for us all." For more information, please visit TreasureHealth.org.



Hollie Machen and Trish Repass with the memorial tapestry.



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