

Book List

Ages 3-5

- ♥ **Copycat Faces** by Deborah Chancellor
- ♥ **Glad Monster Sad Monster** by Ed Emberley and Anne Miranda
- ♥ **Helping Kids Grieve** by Sesame Street
- ♥ **How I Feel: A Coloring Book for Grieving Children** by Alan Wolfelt

Ages 6-12

- ♥ **Always Remember** by Cece Meng
- ♥ **Badger's Parting Gifts** by Susan Varley
- ♥ **Close To My Heart: A Guided Workbook for Children After A Loved One Dies** by Susan and Regen Foley
- ♥ **Grief is Like a Snowflake** by Julia Cook
- ♥ **I Miss You: A First Look at Death** by Pat Thomas
- ♥ **In My Heart** by Jo Witek
- ♥ **Life is Like the Wind** by Shona Innes and Irisz Agocs
- ♥ **The Color Monster: A Story About Emotions** by Anna Llenas
- ♥ **The Grief Bubble** by Kerry Debay
- ♥ **The Invisible String** by Patrice Karst
- ♥ **The Memory Box** by Joanna Rowland
- ♥ **The Next Place** by Warren Hanson
- ♥ **Today I Feel Silly** by Jamie Lee Curtis
- ♥ **Turned Upside Down** by Teana Tache
- ♥ **When Dinosaurs Die: A Guide to Understanding Death** by Laurie Krasny Brown and Marc Brown

Teens

- ♥ **The Secret Garden** by Frances Burnett
- ♥ **The Fault in our Stars** by John Green

Adults

- ♥ **A Gift of Hope: How We Survive Our Tragedies** by R. Veninga
- ♥ **A Grief Observed** by C.S. Lewis
- ♥ **A Parent's Guide to Raising Grieving Children: Rebuilding your family after the death of a loved one** by P. Silverman and M. Kelly
- ♥ **Good Grief** by Granger E. Westberg
- ♥ **Grief: What It Is and What You Can Do** by Joy and Marv Johnson
- ♥ **Healing a Grieving Heart** by A. Wolfelt
- ♥ **Healing After Loss: Daily Meditations for Working Through Grief** by M. Whitmore Hickman
- ♥ **I Wasn't Ready to Say Goodbye: Surviving, Coping and Healing After the Death of a Loved One** by Brooke Noel and Pamela D. Blain
- ♥ **Into the Cave: When Men Grieve** by Dr. Ronald G. Petrie
- ♥ **Life After Loss: A Practical Guide to Renewing Your Life After Experiencing Major Loss** by Bob Deits
- ♥ **Mindfulness and Grief** by Heather Stang
- ♥ **Option B: Facing Adversity, Building Resilience and Finding Joy** by Sheryl Sandberg and Adam Grant
- ♥ **This Thing Called Grief: New Understanding of Loss** by Thomas M. Ellis
- ♥ **Widow to Widow: Thoughtful, Practical Ideas for Rebuilding your Life** by G.D. Ginsburg



Community Sponsors:



Learn more about Treasure Coast Hospice Grief Support

772-403-4530 | griefinfo@treasurehealth.org | www.TreasureHealth.org